**RED ROSE SENIOR SECONDARY SCHOOL**

**WORKSHEET**

**SUBJECT-HOME SCIENCE**

**CLASS-XII**

**MM-20**

1. Write the name of five major areas of Home Science. (2.5)
2. Why is a balanced diet necessary? Explain with relevant examples. (2)
3. What do you mean by public health and care? (2)
4. Differentiate between marasmus and kwashiorkor. (3)
5. Why do you think age is important factor in selection of dress? (2)
6. What do you mean by growth and development? (2.5)
7. How is advertisement and internet useful to us in marketing of a product? (3)
8. What steps are involved in taking care of personal hygiene before and while preparing food? (3)